Lopez Island Biking Packing List

IMPORTANT NOTE: We will transport students, bikes, and gear to Anacortes by bus, where we will park the bus and ride onto the ferry. Students will need to carry all of the gear they’ll need on the island on their bikes.

There are several sets of Panniers (bike bags) that the school can loan, but each bicycle should be equipped with a rear rack to which the bags can be attached. We can help attach these. Once our base is established, we will be doing different rides on Lopez Island each day, and each cyclist needs to have a means of carrying some supplies, clothing, food and water during the rides.

GEAR NEEDED FOR THE RIDES – we can loan many of these items to you! We will gather gear needs in pre-trip meetings.

- Bike- must be in good working order!
- Extra inner tube
- Helmet – required to ride at all times
- Water Bottles - two, filled
- Layers:
  - **Top:**
    - 1 baselayer (thin) non-cotton
    - 1 midlayer (medium warmth) fleece or other non-cotton midlayer
    - 1 warm outer jacket (down or fleece) – must be non-cotton
  - **Bottom:**
    - 1 baselayer leggings/long johns (non cotton)
    - 1 midlayer pant (either fleece or wind breaking)
- Rain gear (tops and bottoms)
- Gloves (thin enough you can control your brakes, thick enough they keep your hands warm!)
- Sunglasses
- Sunscreen
- Bike Bags mounted on a bike rack to carry your gear (loaners are available).
  - We strongly recommend that you have a rear rack to carry your gear instead of wearing it on your back.
- Map of Area: we will provide this during the trip.
- Reflective Vests
- Bike Lights- we won’t ride at night, but for added visibility
- **FOOD:**
  - With the exception of Saturday lunch (see below), the trip cost includes money for food. We will provide you with cash for meals once we are on the trip and will do a group meal on Saturday and Sunday nights.
  - **Saturday Lunch:** Bring a sack lunch and some snack food you can eat during the ride on Saturday.

GEAR NEEDED FOR BASE CAMP – we can lend sleeping bags/pads.
We will stay in a small cabin on Lopez Island with electricity and bathrooms. You will need to carry all gear on your bikes and have room for food. Pack light and focus on the essentials.

- Sleeping bag and pad
- Toiletries
- Homework/Quiet activities
- Cotton hangout clothes (but pack light!)