

MT BAKER PACKING LIST – Plan on cold, wet, windy weather – hope for sun!

Because of the arctic/high alpine nature of our destination, attention to appropriate clothing and gear is **vital**. Wool, “poly pro” and NON-COTTON clothing that keeps one “warm when wet” is a must (**don’t wear blue-jeans and cotton socks**). Since we will be doing various strenuous activities, dressing in layers is also a must. Plan on getting soaked from working in the snow building shelters; bring appropriate clothes to change into for the evening and night. Also, bring an extra change of warm clothes to leave on the bus for the ride home (your “happy bag.”)

SHELTER

- waterproof ground cloth, for sleeping on
- full length sleeping pad (or two)
- shovel, (short garden spades/shovels work well, a long-handled one will suffice....)
- tarp, useful for moving snow out of caves and can be used for a roof over a set of walls/trench if needed. Tarp can also work as ground cloth for sleeping upon.
- sleeping bag (Despite outside weather, temperatures in igloos and snow caves generally are about freezing, and a candle lantern can increase this dramatically. Consider putting one sleeping bag inside another for added warmth. An extra blanket on top of a sleeping bag can help as well.)

CLOTHING

NOTE: In addition to wool, many synthetics will also insulate as well as (if not better than) wool when wet. Feel free to substitute. However, **AVOID COTTON, PARTICULARLY NEXT TO YOUR SKIN!** (Cotton’s sponge-like characteristics will actually make you colder once it becomes damp from perspiration or other moisture.)

- rain suit, for working in the snow; water proof leg-wear is a must
- two or three pairs of warm mittens/gloves
- wool hat, plus a non-scratchy hat for sleeping in, and to be a spare
- three or four pairs of wool socks
- boots, (warm ones, “Sorrels” with removable liners are great; bring extra liners, if available)
- gaiters to keep snow out of boots
- wool pants
- wool shirt
- wool long underwear (tops and bottoms)
- wool jacket/sweater
- wind shell.

OTHER:

- water bottles, two quarts minimum
- sunglasses and sunscreen
- personal toiletries
- clothing, enough for being comfortable in the most inclement weather. After all, there is no such thing as bad weather, only inappropriate clothing....
- ski gear, skis, boots, poles, goggles, hat, gloves, jacket or snowshoes...
- complete change of dry clothes (packed separately/“happy bag”), for ride home
- day pack, for snowshoeing on Sunday
- sled/toboggan (optional but can be nice to have for transporting gear).

Gear Needs: Please read the gear list and check the items you need from the list below

CREATE A LIST OF THE GEAR THAT STUDENTS MOST COMMONLY NEED TO BORROW FOR THE TRIP.

- shovel,
- snowshoes,
- sleeping bag,
- sleeping pad,
- tarp,
- gaiters,

INCLUDE "OTHER" FOR COMMENTS