OYSTER DOME REMINDERS:

☐ Attend the required pre-trip meetings:
  o Friday, Sept 13th at Flex time (9:35-10:05) in Feynman classroom
  o Tuesday, Sept 17th at Break (9:30 – 9:50) in Feynman classroom
☐ Be at the NWS SOUTH PARKING LOT Saturday, Sept. 21 at 7:30 am
☐ Pack a sack lunch for Saturday
☐ Make sure you have coordinated with your tent group about a tent, and food group about a stove, fuel, and pot.

See packing list below....

OYSTER DOME PACKING LIST
The Northwest School Outdoor Program

IMPORTANT NOTES:
• Please do not purchase new gear for this trip. If there are items you need on this list, fill out the “Gear Needs” section in the form below.
• Electronic devices are not permitted on this trip. Please contact the Outdoor Program Coordinator (Sophie.daudon@northwestschool.org) if you have questions or concerns about this.

Personal Gear: Avoid Cotton.

Happy Bag for bus:
☐ Comfortable sweatpants/leggings
☐ Comfortable sweatshirt
☐ LUNCH FOR THE FIRST DAY

Footwear
☐ Wool or synthetic fiber socks (2 pairs)
☐ Waterproof hiking boots (that you have worn before)
☐ Camp shoes (crocs, chacos, old sneakers – no flip flops)

Lower Body Layers
☐ Underwear (2 pairs) (Cotton is better than nylon for females, synthetic boxers are good for males)
☐ Wool or synthetic fiber long underwear bottoms
☐ Fleece pants that fit over long underwear
☐ Rain pants

☐ Wind/hiking/camp pants (synthetic pants that are quick dry and can be worn to hike in)

Upper Body Layers
☐ For females: 2 sports bras (synthetic is better)
☐ T-Shirt to hike in
☐ Wool or synthetic long underwear top (1)
☐ 1 mid-weight Fleece or wool pullover/jackets
☐ Down or synthetic fiber layer (think puffy jacket)
☐ Hooded rain jacket

Head Layers
☐ Wool or synthetic fiber hat (1)
☐ Baseball cap/Sunhat
☐ Sunglasses

Hand Layers
☐ Thin wool or synthetic fiber liner gloves
Backpack & Storage
- Day pack that will fit multiple layers and your lunch/snack for hiking the first day
- 1 Trash bags/pack liners to keep stuff dry

Sleeping Gear
- Sleeping bag (20 degree)
- Compression stuff sack for packing sleeping bag
- Sleeping pad – full length with stuff sack

Miscellaneous Personal Essentials
- Sunscreen
- Lip sunscreen/block (15 spf)
- Headlamp w/ extra batteries
- Optional: Pocket knife (small) – you should have 1/food group
- 2 1-Liter Water Bottles (or equivalent water storage ability – if you bring a camel back, make sure to also bring one hard water bottle)
- Container for hot drinks (1/2 liter Nalgene works well)
- Plastic bowl for eating (preferable to have a lid for food storage)
- Durable plastic (reusable) spoon
- Toiletries
  - Toothbrush (small) and toothpaste (small tube)
  - Any other essentials
  - For females: Tampons/etc.
- Any medications you may need – please let us know what medications you will be bringing with you

Other:
- Journal/notebook
- Pencil/pen
- Optional: Book
- Optional: Watercolor set

Group Gear – Shared with Food/Tent Group(s)

Food, Water, Cooking
- We will purchase food for Sat dinner/Sun breakfast & lunch together
- High energy and healthy snacks of choice
- Backpacking Stove (1/cook group)
- Fuel (for 2 warm meals)
- Pot/pans for cooking
- Lighters
- SOAP and hand sanitizer
- Optional (only bring if you have): water filtration systems

Sleeping/Shelter
- Tent (1 per tent group) – w/ poles, rainfly, stakes, ground tarp