

Student PE Credit Info

Because the Outdoor Program involves physical activity, students can earn PE credit for their participation in our outings.

How do I earn credit? To earn full credit for the course in any trimester, each student must attend scheduled information sessions and must earn five (5) days' worth of outing experience in that term. It is possible to earn half credit in a given term and make up the missing half credit in the term immediately following. Or one can simply earn a half credit that term; there is no penalty in doing so, and it has no impact on your GPA.

How much credit does each trip give me? See the attached schedule for a list of outings we have planned for this year and the amount of "days" of credit each trip includes. We usually offer 4 - 6 outings per trimester (and some after-school outings such as Friday night skiing), and students desiring full credit will usually need to participate in 3-4 trips per term.

Northwest School Outdoor Program Schedule for Student Credit 2018/19

5 days = CREDIT, 1-4 days = HCR

Please note: Extra credit built up in 1 trimester can roll over to the next trimester.

TRIMESTER 1: Sept. 4 to Nov. 16th

TRIP	LOCATION	DATES	Student Credit
Camping 101	Camp Gallagher	Sept. 22-23	2 days
Alpine Backpacking	Alpine Lakes Wilderness	Sept 29-30	2 days
Snoqualmie Tunnel Bike ride	Snoqualmie Tunnel	Oct. 6 th	1 day
Day Hike	Beautiful place TBD	Oct. 27	1 day
Biking in San Juans	San Juans/Lopez	Nov. 3-5	2 days

TRIMESTER 2: Nov. 26 to Mar. 18th

TRIP	LOCATION	DATES	Student Credit
Cross Country Ski Trip	Snoqualmie Pass	TBD	1 day
Mt Baker Igloo Trip	Mt. Baker	Jan. 18 th - 21	2 days
Snowshoe	Beautiful place TBD	Feb. 9th	1 day

Urban Biking – Bakeries by Bicycle	Seattle	Mar. 2 nd	1 day
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TRIMESTER 3: April 15 to June 14th

TRIP	LOCATION	DATES	Student Credit
Coast Trip	Olympic Coast	Apr. 27- 29	3 days
Rock climbing	Leavenworth	May 17 th - 18 th	1 day
Kayaking trip	Puget Sound (Camp Gallagher?) or Diablo Lake	May 31 – June 2nd	2 days